

2019 Nanaimo A.A. Rally - Growing Community, Growing Connections

Also available online at: [www. NanaimoAARally.com](http://www.NanaimoAARally.com)

FRIDAY

3:30pm	Registration Opens
4:30 to 5:25pm	A.A. Meeting - Room 1 Group: Wednesday Big Book Topic: Step 1
5:30 to 6:30pm	Potluck Dinner – Lounge
6 to 6:55pm	A.A. Meeting - Room 1 Open Meeting
7 to 9pm	Welcome & Opening: Andrea M., Rally Chair Al-Anon Speaker: Patty S., Nanoose Bay A.A. Speaker: Maire O., Victoria Auditorium A & B
9pm	Ice Cream Social - Auditorium B
9 to 9:55pm	A.A. Meeting - Room 1 Open Meeting
9 to 11:30pm	Talent Show – Lounge

SATURDAY

9am	Registration Opens
9 to 9:55am	A.A. Meeting - Room 1 Group: Sunday Serenity
10 to 11:30am	Celebration of Long-Term Sobriety Auditorium – Chaired by Ron N.
10 to 10:55am	A.A. Meeting - Room 1 Group: Sunday Night Living Sober
10 to 10:55am	Al-Anon Meeting - Room 8 Group: Friday Night Serenity Topic: Developing Trust

11 to 11:55am	A.A. Meeting - Room 1 Group: Women’s Steps Topic: Perseverance
12 to 1pm	Lunch - Lounge
1 to 1:55pm	Al-Anon Speaker – Lynn B., Courtenay Auditorium A
1 to 1:55pm	A.A. Meeting - Room 1 Topic: Out of the Hat
1 to 1:55pm	A.A. Meeting - Room 8 Group: Pass It On Topic: Growth
2 to 2:55pm	The Yellow Card - Safety in A.A. Panel Discussion Hosted By: DCMs District 5, 7, & BC/Yukon Representative Auditorium A
2 to 2:55pm	A.A. Meeting - Room 1 Group: Beyond Belief
2 to 2:55pm	Al-Anon Meeting - Room 8 Group: New Freedom Topic: Change and Growth
3 to 3:55pm	A.A. Meeting - Room 1 Group: Nanaimo Young People of A.A. Topic: Happiness
3 to 3:55pm	Al-Anon Meeting - Room 8 Group: Three Legacies Topic: Belonging to community in Al-Anon
4 to 4:55pm	A.A. Meeting - Room 1 Group: Let It Begin With Me

5:30 to 7:30pm	Banquet at 5:30 Followed by sobriety countdown & draw announcements Auditorium A & B
7:30 to 8:25pm	A.A. Main Speaker - Steve L., Redondo Beach, California – Auditorium A
9:00 to 9:55pm	A.A. Meeting - Room 1 Open Meeting
9:00 to 12:00am	Dance – DJ All Good – Auditorium A & B
10:00 to 10:55pm	A.A. Meeting - Room 1 Open Meeting

SUNDAY

8:45 to 10:15am	Breakfast - Auditorium A&B
9:30 to 10:25am	A.A. Meeting - Lounge Group: Grapevine Trails Topic: Fellowship
10:30 to 11:30am	Closing remarks – Pierre M., 2020 Rally Chair A.A. Speaker - Vi M., Nanaimo Auditorium A

Noon until finished – Clean up *Snacks Provided*

Please complete our anonymous **2019 Rally Survey** by scanning the QR code below **or** by going to:



www.NanaimoAARally.com/Survey